

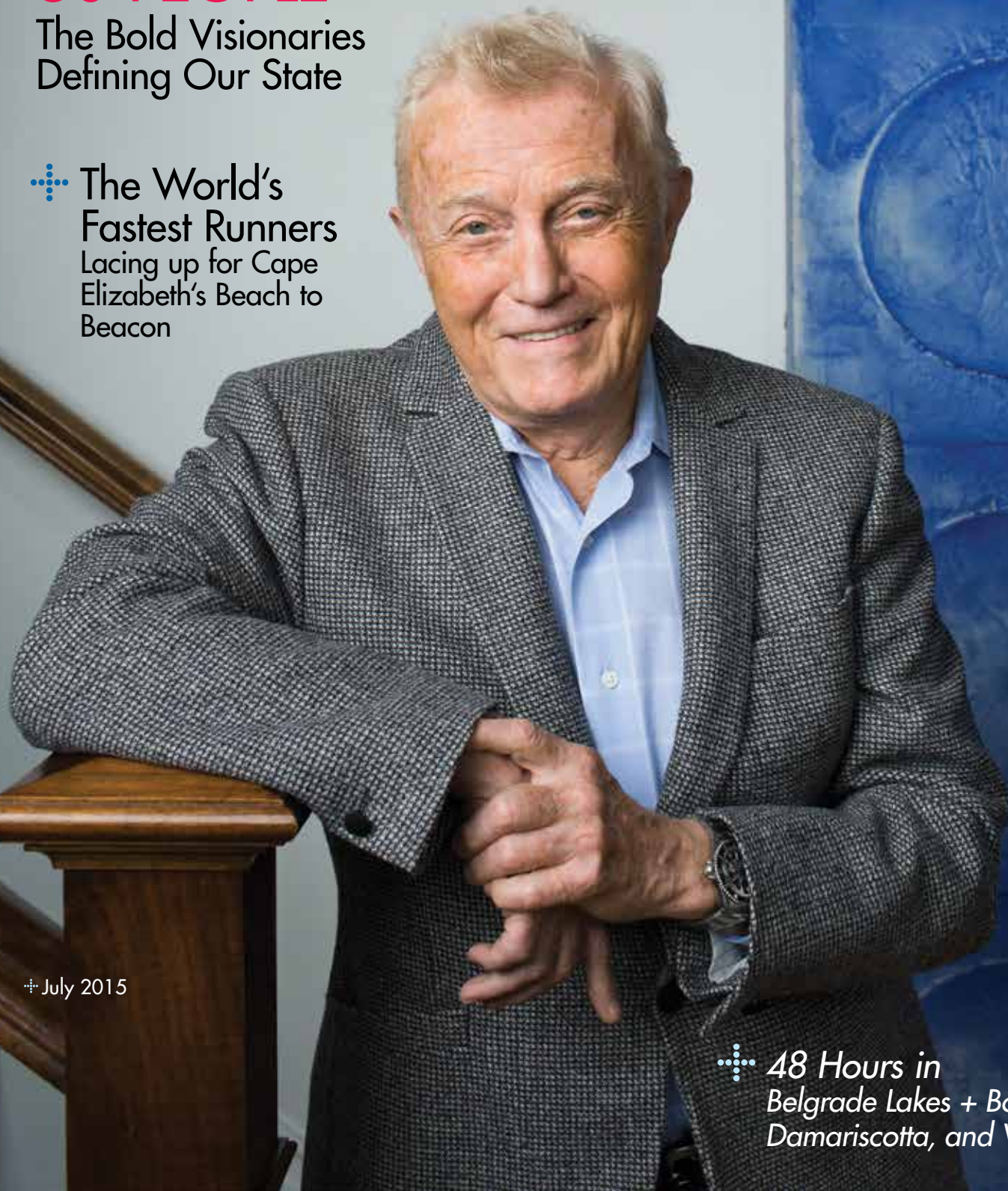
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3rd Annual

50 PEOPLE

The Bold Visionaries
Defining Our State

❖ The World's
Fastest Runners
Lacing up for Cape
Elizabeth's Beach to
Beacon



❖ July 2015

❖ *48 Hours in
Belgrade Lakes + Boothbay,
Damariscotta, and Wiscasset*

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Mainers Boldly Leading Our State

Maine gives a lot.

The shifting seasons give writers inspiration and artists changing scenes. The expansive wilderness and preserved coastline provide companies resources and researchers discoveries. The entrepreneurial culture gives business owners courage for innovation and teachers and students a different approach to education. These 50 Mainers—philanthropists and visionaries—are giving back. This group of doctors, teachers, business leaders, and artists wake up every day and volunteer, create, innovate, and work towards a great Maine.

Richard Blanco, fifth presidential inaugural poet, gathers inspiration in Maine, and writes about family, community, history, cultural identity, heritage and more.

Photographs by Sarah Beard Buckley

MATTHEW SIEGEL, M.D.

Director of Developmental Disorders Program at Maine Behavioral Healthcare, Assistant Professor of Psychiatry and Pediatrics at Tufts University School of Medicine, and Clinician Scientist at Maine Medical Center Research Institute

The Developmental Disorders Program at Maine Behavioral Healthcare is one of the only specialized hospital programs in the country for children with autism and other developmental disorders who are experiencing emotional or behavioral crisis, and Dr. Matthew Siegel is the program's director. Each day Siegel is driven by his desire to understand and help children with serious developmental challenges. Most recently, Siegel received the support of the Harold Alfond Foundation and the Glickman family to open the Center for Autism and Developmental Disorders in South Portland, which offers a multi-disciplinary treatment clinic and day treatment program for children in the community. Siegel is leading a national research study of children severely affected by autism and he coauthored the national guidelines for the American Academy of Child and Adolescent Psychiatry on the assessment and treatment of children with autism. He also led the construction of Maine's first playground designed for children with developmental challenges, located at Spring Harbor Hospital.

